

FASTING & PRAYER

{ **Consecration:** for spiritual sanctification in holiness & righteousness, repentance; to seek right way of God; to receive His understanding & guidance }

fast: Hebrew word 6684: **tsûwm** (tsoom)- to cover over (the mouth), i.e. to fast; **Greek** word 3522: **nēstlēuō** (nace-tyoo'-o)- to abstain from food (religiously): fast

pulse: Hebrew word 2235: **zêrôa** (zay-ro'-ah) means something sown i.e. a vegetable (as food): pulse [2 Samuel 17:29; Daniel 1:12, 16]

FAST

2 Samuel 12 (v.21-23)

[David - fast for God's grace on sick child]

2 Chronicles 20 *

[King Jehoshaphat - seek to ask help of the LORD]

Ezra 8:21-22

[Ezra - to seek right way of God]

Esther 4:16

[Esther - called fast to prevent people from destruction]

Isaiah 58 ***

[fast the LORD set]

Jeremiah 14:10-12 ***

[corrupt - LORD will not hear]

Jeremiah 36

[opportunity to stop God's wrath]

Joel 1:1-15 ***

[Sanctify ye a fast, call a solemn assembly (day of restraint, "shut-in") ... cry unto the LORD]

Joel 2:15

[Sanctify a fast... say spare thy People O LORD]

Jonah 3:1-10 [the king of

Ninevah decreed a fast to prevent destruction upon the people of the city]

Zechariah 7

[did ye fast unto the LORD?]

Matthew 6:16-18

(see also ...fastest)
[When ye fast, be not as the hypocrites... anoint thy head & wash thy face]

Acts 27:9 ***

[because the fast was past, Paul perceived the voyage with hurt & much damage]

Revelation 3:10-12

[hold that fast which thou hast, that no man take thy crown]

FASTED

Judges 20:18, 23, 26

[Israel - seek counsel of the LORD]

1 Samuel 7

[Israel sinned against the LORD, and they repented]

1 Samuel 31 (1 Chronicles 10)

[valiant men - Jabesh-gilead 7 days fasted of Saul & sons' deaths]

2 Samuel 1:11-17

[David - mourned for Saul & Jonathan]

2 Samuel 12:15-17, 22-23

[David - child sick (by Bethsheba)]

1 Kings 21

[Ahab - caught in sin]

Ezra 8 ***

[Ezra - to seek right way of God]

Nehemiah 1

[Nehemiah - sought God because of transgression]

Zechariah 7 ***

[When ye fasted and mourned, did ye fast unto the LORD?]

Matthew 4

(see Mark 1; Luke 4)
[when He had fasted 40 days & 40 nights...]

Acts 13:2-3

[As they ministered to the Lord, and fasted, the Holy Ghost said...]

FASTING

Nehemiah 9:1-3

[Israel assembled confessed sins]

Esther 3-4:3

[fasting, weeping, wailing, to prevent destruction of Jews]

Psalms 69

[David - complaint of affliction]

Psalms 109:24 ***

[become weak through fasting]

Jeremiah 36:6

[fasting day]

Daniel 6:18

[the king's sleep went from him]

Daniel 9

[sought God because of sin, needed understanding]

Joel 2:12-17 ***

(rend your heart, turn to the LORD)

Matthew 17:14-21

(see Mark 9:17-29; 11:22-26)
[foul spirit - this kind goeth not out, but by fasting & prayer]

Acts 10

[Cornelius - received word from the LORD; household saved]

Acts 14:23 [ordained elders]

Acts 27:9-35

(see Leviticus 23)
[tarried 14 days]

1 Corinthians 7:5 ***

[no sex when fasting]

FASTINGS

Esther 9:19-31

[the decree of Esther confirmed]

Luke 2:37

[Anna departed not from the Temple]

2 Corinthians 6

[receive not the grace of God in vain]

2 Corinthians 11:18-30

[Paul's suffering]

Not eat, Not drink

Exodus 34:28-35

[Moses - Mt. Sinai 40 days, 40 nights; received the Ten Commandments from God]

Deuteronomy 9:9, 18-20

(read 9 ch.) [Moses - prayed, fast 40 days & nights for the sins of the people & Aaron making golden calf in wilderness, worshipping]

Ezra 10

[Ezra - mourned because of transgression]

Daniel 10 ***

[Daniel - in mourning 3 weeks, ate no pleasant bread, flesh, wine, either anoint himself till 3 weeks fulfilled; 21 days heavenly man held up by prince of Persia, brought word of God]

Acts 9:9

[Saul was 3 days without sight, neither did eat nor drink]

Eat, drink, rest

1 Kings 19:1-8

[an angel fed Elijah 2 meals under Juniper tree to give him strength for 40 days & 40 nights journey to Horeb, the mount of God]